

# Welcome to The Massage Room

The Massage Room offers a serene and comfortable environment that allows you to escape from the stresses of everyday life, into a world of relaxation and tranquility. Once inside these doors, you will immediately feel a sense of warmth and relief.

The therapeutic scents of aromatherapy, the sounds of a soothing waterfall, and calming music will touch your soul.

Our professional staff is here to individualize a treatment plan specific to your needs, bringing together body, mind and soul. We, at The Massage Room, are dedicated to provide you with the best and most affordable service to meet your needs.



# Policies & Etiquette

## **Appointments:**

- ◆ Appointments taken by phone or in person. We recommend scheduling appointments in advance. Walk-in massages will be accommodated pending availability of therapist.
- ◆ We recommend arriving 15 minutes prior to your first appointment to allow time to fill out a brief health history form, and 5 minutes early for subsequent visits to insure your session will begin on time. If the client is late for an appointment, the therapist will try to extend the service if time permits. The client will be responsible for the full scheduled service fee regardless.
- ◆ Information such as medications, recent and chronic health conditions, accidents, allergies, surgeries, etc., will determine how the massage will be conducted, and is of vital importance to your massage therapist.
- ◆ **24 hour notice of cancellation is required. If 24 hour notice is not given, the client will be charged a \$25 cancellation fee.**

## **Other Policies:**

- ◆ Please turn off all mobile devices upon entering the facility.
- ◆ For your benefit, please make other arrangements for your children during the time you are receiving your massage. Massage for children under the age of 18 requires signed consent from the parent or legal guardian.
- ◆ The Massage Room accepts cash, personal checks\*, Visa, MasterCard, American Express and Discover. \*A \$25 fee will be charged to your account for any return of checks. Fees must be paid in full prior to your next appointment.
- ◆ Our greatest gift is your repeat business. We also benefit from your referrals. If you choose to leave a gratuity for your therapist, please feel free to give it directly to him/her.
- ◆ We reserve the right to refuse service to anyone. This includes, but is not limited to, anyone requesting treatment or services outside of our scope of practice. We will exercise this right if anyone arrives for their appointment under the influence of alcohol, recreational drugs, exhibits inappropriate behavior, makes suggestive statements or innuendo or does not meet the means of standard cleanliness. We reserve the right to charge for the full session, whether or not the service was rendered.
- ◆ Although we have a very safe and secure environment, we cannot be responsible for lost or damage to your personal possessions. Please keep all belongings with you during your session.

# The Massage Room

1537 Monroe Street, Suite 200  
Dearborn, Michigan 48124

*Renew*

Awards from  
Detroit A-List  
&  
Vote4TheBest!

*Relax*

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Twitter: ThMaRmDrbn

Facebook: The Massage Room

# The Massage Room Staff

## About Us:

Our licensed therapists hold numerous and ever-growing certifications to meet the highly specialized needs of our clients. For this reason, we ask that you see our staff section at our website for our most up-to-date information.

Website: <http://www.themassageroom.com>

## Hours:

\*Monday—Friday we accept our first appointments at 8:00 a.m. and our last appointments at 6:00 p.m.

\*Saturday, we accept our first appointments at 8:00 a.m. and our last appointments at 3:30 p.m.

\*Select Sundays by appointment only.

## Discounts & Specials:

\*Discounts are available for seniors, military, firefighters and police officers.

\*Specials vary by the month and can be found on our website: <http://www.themassageroom.com>

\*We notify our customers of our monthly specials by email as well.



*Relax, Renew, Rejuvenate*

# Menu of Services

## Swedish Massage

A massage given with long, gliding strokes. Swedish massage enhances the circulation, resulting in the soothing of sore muscles and ultimate relaxation.

\$60/Hour

(30, 60 or 90 minute sessions)

## Therapeutic Massage

Therapeutic massage incorporates Swedish Massage techniques with deeper tissue techniques such as Trigger Point Therapy and Myofascial Release. This massage is geared to relieve the deep muscle issues in a specific area of need, resulting in relief from deep muscle soreness, muscle spasms and an increased range of motion.

\$70/Hour

(60 or 90 minute sessions available)

## Back, Shoulders, Neck Massage

This massage is perfect for the stresses of everyday life. The body tends to hold it in this particular area. Massage to this area helps a person to unwind by relieving stress and tension, restoring a positive frame of mind.

\$40  
Half Hour

## Prenatal Massage

Prenatal Massage is specifically designed to relieve the physical discomforts of pregnancy. Relief from aching back muscles, leg cramps, and fatigue, will bring benefit to both Mother and Baby. Massage may be given after the first trimester. Physician permission is required.

\$80/Hour

## Sports Massage

Sports Massage is focused on the athlete. A combination of techniques are used to stretch and strengthen areas of specific need relevant to the individual's activities. Massage is an effective tool to lessen the chance of injury or to reduce the recovery time in the event of an injury.

\$80/Hour

## Integrated Reflexology

This technique brings about deep relaxation and healing to body by focusing on specific energy meridians of the body as well as specific points on the ears, hands & feet to treat major systems of the body, as well as internal organs such as liver, kidney, bladder, and small & large intestines.

\$60/Hour

## Hot Stone Therapy

Hot Stone therapy is an ancient healing art that uses hot river stones to enhance circulation, allowing for deeper muscle work, and ultimately a deeper state of relaxation.

\$85/Hour

## Reiki

Reiki is an Eastern healing modality, the name coming from two words meaning "Universal Energy". Reiki promotes healing, helps to maintain wellness, and balances energy on the physical, emotional, mental and spiritual levels.

\$50/Half  
Hour

# Menu of Services

## dōTERRA AromaTouch Technique

This technique addresses common negative factors that impair health, and returns the body to a state of well-being via a four-step process centered on CPTG oils and simple hand techniques. AromaTouch will enhance essential oil activity, stimulate known body meridian & energy zones, while balancing body systems and function; the AromaTouch Technique improves well-being by reducing physical & emotional stressors, and by supporting healthy

\$60/Hour

## Crystal Healing

\$50/Half  
Hour

## Angel Card Reading

\$25/15  
Minutes

Note: can be combined with Reiki or Crystal Healing for an additional \$20.

## Added Touches (with massage service only)

\*Hot Towels are complimentary with any 1 hour

\*Massage upon request

\*Touch of Hot Stones

\*Foot Soak

\*Aroma Therapy

\*Foot Scrub

\$15

\$5

\$15

\$15

## Available Packages:

Please see our website for current package rates. Prices and packages may change without notice.

## Gift Certificates:

Looking to surprise a family member, friend, or loved one with something unique? - We offer Gift Certificates!